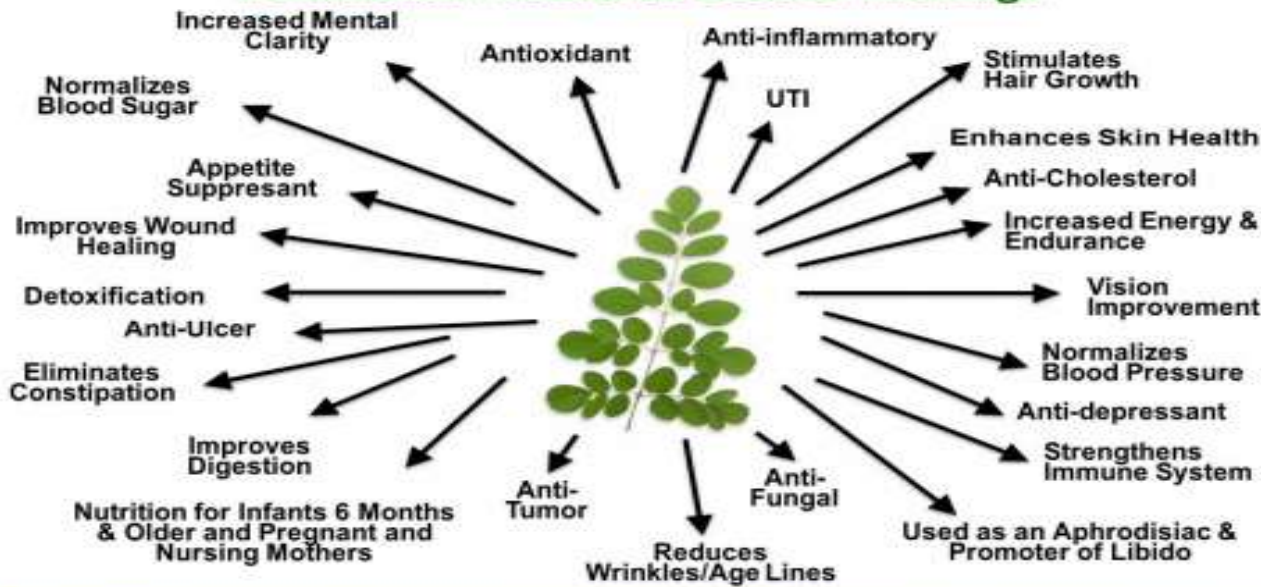


Traditional Medicinal Uses of Moringa



Alphabetical List of Verified Nutrients

28-Isoavenasterol	Folate (Folic Acid)	Rutin
4-(Alpha-L-Rhamnopyloxy)-Sen	Gadoleic-Acid	Selenium
4-(Alpha-L-Rhamnopyloxy)-Ben	Glucosinolates	Serine
Alanine	Glutamine (Glutamic-Acid)	Silicon
Alpha-Carotene	Glutathione	Sodium
Arginine	Histidine	Stearic-Acid
Arschidic-Acid	Indole Acetic Acid	Stigmasterol
Aspartic-Acid	Indoleacetonitrile	Sulfar
Behenic-Acid	Iodine	Superoxide Dismutase
Beta-Carotene	Iron	Threonine
Beta-Sitosterol	Isoleucine	Tryptophan
Biotin	Kaempferol	Tyrosine
Braassicasterol	Leucine	Valine
Caffeoylquinic Acid	Lignoceric-Acid	Vanadium
Calcium	Lithium	Viofoxanthin
Campestanol	Lutein	Vitamin A
Campesterol	Lysine	Vitamin B (Choline)
Carotenoids	Magnesium	Vitamin B1 (Thiamin)
Chlorophyll	Manganese	Vitamin B12
Cholesterol	Methionine	Vitamin B2 (Riboflavin)
Choline	Molybdenum	Vitamin B3 (Niacin)
Chromins	Myristic-Acid	Vitamin B6 (Pyridoxine)
Clerosterol	Neoxanthin	Vitamin C (Ascorbic-Acid)
Cobalt	Niazimicin	Vitamin D
Copper	Niazimins A & B	Vitamin E
Cytosine	Niazinin A	Vitamin E (Alpha Tocopherol)
Delta-7 & 14-Stigmastanol	Niazinin B	Vitamin E (Delta Tocopherol)
Delta-5-Avenasterol	Oleic-Acid	Vitamin E (Gamma Tocopherol)
Delta-7-Avenasterol	Palmitic Acid	Xanthins
EFA Omega 3	Palmitoleic Acid	Xanthophylls
EFA Omega 6	Phenylalanine	Zeatin
EFA Omega 9	Phosphorus	Zeaxanthin
Ergos-tadienol	Potassium	Zinc
Fiber	Proline	Zirconium
Flavonoids	Protein	
Flavonols	Pyroline	
Fluorine	Quercetin	



PROFILE SUMMARY

Moringa Oleifera

46 antioxidants

36 anti-inflammatories

Omeegas 3, 6 and 9

20 amino acids including 9 essential amino acids our bodies don't produce

Over 90 verifiable, positive health benefits



MORINGA RESEARCH

Hundreds of published, peer-reviewed white papers on pubmed.gov studying benefits of Moringa oleifera

Supportive studies by Johns Hopkins University & National Institutes of Health (NIH)

"Plant of the Year", 2008

MORINGA is recognized as an amazing source of nutrition by hundreds of organizations.